

Obstetric care plan

This is the care plan referred to in the obstetrics column appearing in the 31 May issue of New Zealand Doctor, supplied by Auckland obstetrician **Lynda Batchelor**

Welcome to Auckland Obstetric Centre.

This information pack provides you with important information about AOC, your pregnancy, birth and postnatal care.

Please take time to read it, and if you have any questions or suggestions, do not hesitate to raise them with us.

This Pregnancy Pack contains the following:-

- Pregnancy Care Programme
 - Antenatal classes – see notice board for details
 - Meet the Obstetrician evening – monthly at National Women’s - book with our receptionist to coincide with the end of your antenatal classes or about 33 weeks.
 - Breastfeeding class – held monthly from 12.30-2.00PM at AOC – cost \$15 (payable to midwife)
 - AOC information sheet
 - AOC brochure
 - AOC Schedule of Fees
 - Pamphlet “The Unseen Effects of Alcohol on your Baby”
 - Pamphlet “Listeria and Pregnancy”
 - Pamphlet “Exercise in Pregnancy”
 - National Women’s pamphlet on Prenatal Diagnosis (CVS, Amniocentesis & Maternal Serum testing)
 - Pamphlet on postnatal Visiting Midwives
 - Guidelines for Postnatal Transfer
 - Bounty Pregnancy Pack
 - Postnatal Depression information sheet
 - AOC Survey (to return at your six-week postnatal check)
- PLEASE NOTE THAT SCANS OFTEN HAVE A SURCHARGE BEYOND OUR CONTROL.**
- PLEASE NOTE THAT POST NATAL SCANS ARE OFTEN MORE EXPENSIVE.**
- PLEASE NOTE THAT PRIVATE PAEDIATRICIAN OR ANAESTHETISTS WILL ON CHARGE THEIR FEE TO YOU.**

We look forward to providing your care during pregnancy and childbirth.

AOC Full Pregnancy Care Programme (for a normal pregnancy & hospital midwife)

For: [Patient's name]

Weeks Gestation	Events	Approx visits To AOC	Patient Duties
0	LMP		27/Mar/2006
1			
2	Ovulation		
3			
4			AT FIRST APPT.
5			Patient to sign LMC form and fill in Hospital Booking forms
6	1 st Trimester		
7			
8			
9			
10	Booking Visit	1	Date at Wk 12
11	Blood/smear tests	(between Wk 10-12)	Based on LMP
12	Discuss Antenatal classes		19/Jun/2006
13			
14			
15	Amnio/triple test?		17/Jul/2006
16	Book Antenatal classes	2	Date at Wk 16
17	(6 sessions = \$140 Ring 374 0800)		
18	18 week Ultrasound scan		Book antenatal classes OR Refresher class
19			
20	2 nd Trimester	3	14/Aug/2006
21			Patient to book Post Natal Midwife
22			
23			
24		4	11/Sept/2006
25			Breastfeeding class
26	Book Tour of Auckland City Hospital		Book for Week 30+
27	28 – 30 weeks.		09/Oct/2006
28		5	Date Week 28
29			
30		6	Book Tour at Auckland City Hospital
31			between <u>28 and 30 weeks.</u>
32		7	
33	3 rd Trimester		
34		8	Then make an appoint with receptionist for <u>36 week visit.</u>
35			
36		9	20/Nov/2006
37		10	
38		11	
39		12	
40	Final instalment	13	01/Jan/2007 Account posted after baby born

41	Book 6 week check NOW	14	Advise Midwife of Birth before you leave hospital. Book 6 week check in first week of birth 12/Feb/2007
42			
43	Post Natal midwife visits		
44			
45			
46	Postnatal check	15	
		Total	