

Smokefree Pregnancy

- the 5A's intervention prompts -

- Ask** About smokefree status of pregnant woman (use menu of options) and her partner and household
- Record** S/F status for pre-pregnancy, booking and birth
- Assess** Previous quitting, interest in becoming smokefree and what support is needed
- Advise** On personalised smokefree benefits and the importance to the baby of a smokefree place to grow
- Assist** With discussion and a smokefree action plan
- Arrange** Follow-up discussions and referral as appropriate

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- menu of screening questions to improve disclosure -

1. Which of these best describes you?
 - I have always been smokefree
 - I used to smoke but am smokefree now
 - I have just gone smokefree (<4 weeks ago)
 - I smoke but would like to be smokefree
 - I smoke and I intend to keep smoking
2. Is your partner smokefree?
3. Is your household (everyone at home) smokefree?

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