# Te Aka Whai Ora Māori Health Authority

He Tono
Call for Registrations
of Interest (ROI)

# Kia Piki Te Ora Māori Suicide Prevention Services

ROI released: 25 January 2023

Deadline for Questions: 10 February 2023

Deadline for Submission: 11.59pm Sunday 26 February

## Te Kaupapa - The opportunity

Te Aka Whai Ora is inviting Hauora Māori partners to submit a **Registration of Interest (ROI) /** tono to deliver **Kia Piki Te Ora Māori Suicide Prevention Services.** 

This is an exciting opportunity to be involved in a significant re-design, enhancement and expansion of Kia Piki Te Ora Māori Suicide Prevention Services in Aotearoa. Te Aka Whai Ora intends to invest approximately \$4.3 million per annum towards re-imagined Kia Piki Te Ora services nationally. These services will reflect the aspirations of whānau, hapū and iwi living in localities across Aotearoa that are fundamentally underpinned by te ao Māori approaches to Suicide Prevention.

This is a two-stage commissioning approach reflecting Te Aka Whai Ora's commitment to the vision of Pae Ora to commission services that best meet the needs of Māori whānau and localities in partnership with our communities.

#### Ngā āhuatanga e hiahiatia ana - What we need

# Tirohia te pae whānui, tuātu i te pō. Tūramarama ki te ora, whakamauā kia tīnā! See the broad horizon (beyond the darkness), hold on to life!

Successful partners (identified through the ROI) will be supported to co-design local and regional Māori Suicide Prevention services in partnership with Te Aka Whai Ora, lived experience leadership and the voices of whānau bereaved by suicide driving our service design process.

On completion of the co-design process, formal proposals will be submitted by Hauora Māori partners with the intention for new services to be in place from 1 July 2023.

Our intention is for approaches and/or services to be available and responsive to communities across Aotearoa.

This will not be an easy undertaking and Hauora Māori partners who are interested in this opportunity will need to demonstrate their connectedness to their communities, dedication and commitment to working in partnership, and most importantly reflect the values and vision of our communities for a future without suicide.

#### Ngā āhuatanga kāore i te hiahiatia - What we don't want

We do not want registrations from partners who are interested in delivering suicide postvention services, primary or secondary care response services, mainstream service models or single provider responses that do not demonstrate strong and robust relationships with Hauora Māori partners who are well-connected to whānau who would benefit most from Māori Suicide Prevention Services.

#### Ngā whāinga matua - What's important to us?

This ROI is all about who you are as Hauora Māori partners, how you work with other partners and providers, your values and aspirations for your communities and how these are reflected in your organisations.

#### Mā wai e tono? - Who should apply?

Te Aka Whai Ora will accept individual or collective responses from Hauora Māori partners that are legal entities (or can identify a legal entity for us to contract with). Hauora Māori partners who are health or disability providers, Māori businesses, Māori non-government organisations, Māori commissioners and lwi/hapū/Marae entities that are 75% or more owned by Māori and 75% or more governed by Māori.

#### He pitopito korero mo matou - A bit about us

#### E kore tēnei whakaoranga e huri ki tua o aku mokopuna Our mokopuna shall inherit a better place than I inherited

Te Aka Whai Ora Māori Health Authority is an independent statutory authority established under the Pae Ora Act 2022.

Our role includes leading and monitoring transformational change for the hauora health and wellbeing needs of whānau Māori. This includes but is not limited to:

- Manifesting the aspirations, objectives and imperatives of whānau, hapū and iwi
- Directing and guiding the entire health system to understand and respond to needs of whānau Māori
- Upholding the wairua of collective contribution leading to greater health and wellbeing for all in Aotearoa New Zealand
- Indigenising the health system driving growth within the Māori workforce by supporting our existing staff, and ensuring Māori have a clear pathway into hauora health mahi.
- Whānau will be the voice and capability that drives the design and delivery of health services in Aotearoa, better meeting the needs of Māori.

Whakahiko i te oranga whānau will become our reality with realising tino rangatiratanga as both the pathway and goal.

# **SECTION 1: Key Information**

#### 1.1 Context

- a. This Registration of Interest (ROI)/tono is an invitation to submit a Registration of Interest in the Kia Piki Te Ora Māori Suicide Prevention Services co-design opportunity.
- b. This ROI is the first step in a two-step procurement process. After evaluation, successful partners will be contracted to undertake a co-design process for local and regional models of care. On completion of the co-design process, partners will submit their final models for review, evaluation, and approval to inform the contracting process.
- c. Service agreements will then be issued for approved service models. Hauora Māori partners selected to progress to the co-design process are not automatically guaranteed service agreements until they have successfully completed the co-design process and are awarded a service agreement by the second-stage evaluation panel(s).

#### 1.2 Our timeline

Here is our timeline for this ROI (all are Aotearoa times and dates):

Deadline for Questions from Respondents:

10 February 2023

**Deadline for Registrations:** 

11.59pm 26 February 2023

Shortlisted Respondents will be requested to attend a panel session via Microsoft Teams to speak to their ROI submission:

27 February – 17 March 2023

Hauora Māori Partners notified of successful progression to co-design

week starting 20 March 2023

Co-design Contract start date

1 April 2023

#### 1.3 How to contact us

- a. Contact us through our Point of Contact via email or the Government Electronic Tenders Service (GETS).
- b. Our Point of Contact:

Name: Oranga Hinengaro Commissioning

Email address: orangahinengaro@health.govt.nz

#### 1.4 Developing and submitting your Registration

- a. This is an open, competitive tender process.
- b. Take time to read and understand the ROI. In particular:
  - i. understand our Requirements. These are in Section 2 of this document
  - ii. understand how your Registration will be evaluated. See our Evaluation Approach in Section 3 of this document.
- c. For resources on submitting a Registration: www.procurement.govt.nz.
- d. If you have any questions, contact our Point of Contact before the Deadline for Questions (see 1.2 above).
- e. Use the Response Form (download from GETS) to submit your Registration.
- f. Complete and sign the declaration at the end of the Response Form.
- g. Check you have provided all the necessary information in the correct format and order.
- h. Submit your Registration before the Deadline for Registrations.

#### 1.5 Address for submitting your Registration

Submit your Registration via upload to GETS.

We will not accept Registrations sent by post, emailed or delivered to our office.

#### 1.6 Our ROI Process, Terms and Conditions

The ROI is subject to the ROI Process, Terms and Conditions (shortened to ROI-Terms) described in the ROI Process, Terms and Conditions.

#### 1.7 Later changes to the ROI or ROI process

- a. After publishing the ROI, if we need to change anything or provide additional information we will let all Respondents know by [placing a notice on the Government Electronic Tenders Service (GETS) at <a href="https://www.gets.govt.nz">www.gets.govt.nz</a>
- b. If you have subscribed through GETS for the ROI you will automatically receive notifications of any changes through GETS.

#### 1.8 Kia Piki Te Ora Delivery locations

We are seeking responses from Hauora Māori partners based across Aotearoa. As part of the response form, you will be invited to confirm the areas you wish to deliver services to. This could include, but is not limited to:

- Territorial Local Authority Areas
- Former District Health Board (DHB) coverage areas
- Other such as Iwi Māori Partnership Board or locality boundaries where available (please state)

NOTE: Funding allocation per region is yet to be determined. However, our intention is for funding to be allocated based on prevalence of Māori population, suicide, and self-harm presentations with an adjustor for rurality to ensure services are available across Aotearoa and best placed to support efforts to improve access to services and equity of outcomes for Māori whānau.

#### 1.9 Define terms

These are shown by the use of capitals. You can find all definitions at the back of the ROI Process, Terms and Conditions.

# **SECTION 2: Our Requirements**

This is an exciting opportunity to be involved in a significant re-design, enhancement and expansion of Kia Piki Te Ora Māori Suicide Prevention Services in Aotearoa. Re-imagined Kia Piki Te Ora services will reflect the aspirations of whānau, hapū and iwi living in localities across Aotearoa that are fundamentally underpinned by te ao Māori approaches to Suicide Prevention.

This is a two-stage commissioning approach reflecting Te Aka Whai Ora's commitment to the vision of Pae Ora to commission services that best meet the needs of Māori whānau and localities.

Successful partners (identified through the ROI) will be supported to co-design local and regional Māori Suicide Prevention services in partnership with Te Aka Whai Ora, lived experience leadership and the voices of whānau bereaved by suicide driving our service design process.

On completion of the co-design process, formal proposals will be submitted by Hauora Māori partners with the intention for new services to be in place from 1 July 2023.

Our intention is for approaches and/or services to be available and responsive to communities across Aotearoa.

This will not be an easy undertaking and Hauora Māori partners who are interested in this opportunity will need to demonstrate their connectedness to their communities, dedication and commitment to working in partnership, and most importantly reflect the values and vision of our communities for a future without suicide.

This ROI is all about who you are as Hauora Māori partners, how you work with other partners and providers, your values and aspirations for your communities and how these are reflected in your organisations.

#### Te Aka Whai Ora Outcomes Framework

Te Aka Whai Ora has developed an interim Oranga Whānau Outcomes Framework. Hauora Māori partners will be expected to demonstrate how they intend to align to the framework to co-design and develop local and regional Māori Suicide Prevention Services.

#### Every Life Matters – Suicide Prevention Strategy 2019-2029 He Tapu te Oranga o ia tangata

Strengthened Kia Piki Te Ora services will be critical in achieving Every Life Matters. Hauora Māori partners will be expected to demonstrate how they intend to align to the Suicide Prevention Strategy in the delivery of strengthened and enhanced Kia Piki Te Ora local and regional Māori Suicide Prevention Services.

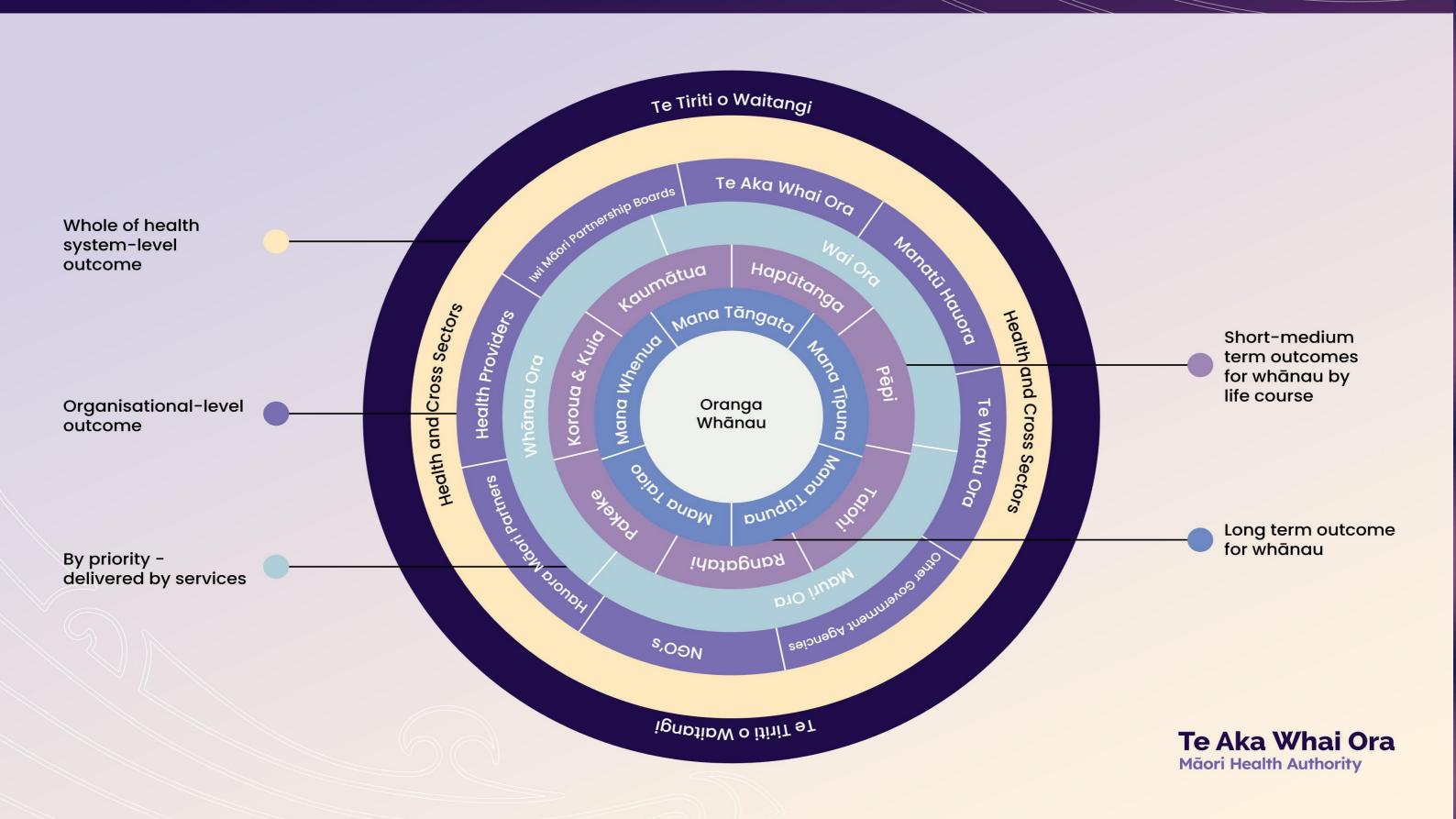
Achieving a future where there is no suicide is an ambitious, long-term vision. When this vision is achieved, the suicide rate will have reduced, and every person and their whānau or family is more likely to have increased confidence and feel their life matters through:

- whakapapa having a strong identity, knowing where they come from and where they belong
- tūmanako having self-worth and being optimistic about their future
- whanaungatanga being connected with others: friends, whānau and families, and wider communities
- atawhaitanga receiving support that responds to their distress with compassion, respect and understanding, and supports healing and recovery
- kia mōhio, kia mārama knowing where and how to access support
- mauri tau having easy access to support that recognises and responds to their needs when they are affected by suicide.

# Interim Oranga Whānau Outcomes Framework



December 2022



|   | Outcomes for tangata whenua in Aotearoa New Zealand   |   |  |  |   |   |                                 |  |  |      |   |  |
|---|---|---|--|--|---|---|---------------------------------|--|--|------|---|--|
|   | ORANGA WHĀNAU   |   |  |  |   |   |                                 |  |  |      |   |  |
| At a population or whole of Aotearoa NZ level.                  | Mana Tāngata  |   | Mana Tāngata Ma  |  | na Atua Mana Tūpuna                           |   | Mana Whenua                     |  | Mana Taiao   |      |   |  |
| Longer term.  | Whānau are proudly Māori within the modern world. They are healthy and prospering, enabling future generations to live well. The hauora system is free from racism, responsive and valued. Societal inequities no longer exist in Aotearoa. Whānau lead action for community wellbeing and are able to exercise decision making authority   |   | rld. They are healthy and prospering, ling future generations to live well. The a system is free from racism, responsive ued. Societal inequities no longer exist in roa. Whānau lead action for community being and are able to exercise decision  wellbeing. Our whānau are thriving in te ao Mātauranga Māori has guided us in our determination to flourish. Our whakapapa is affirmed and the beauty of our reo, kawa and tikanga are appreciated and experienced throughout Aotearoa. Our task now is to enable future generations to ensure intergenerational |  | r<br>a is<br>and<br>d<br>nable<br>onal<br>dom | Our wellbeing is indivisible from whenua which nurtures, grounds, protects, advances and contributes to our wellbeing. Through the applications of tikanga we live as tangata whenua, growing our traditional tenure over lands, territories and waterways. Our land is a foundation for health, social, and economic wellbeing |                                 | Ranginui and Papatūānuku are our enduring foundations for health. When they are sound, they enhance our health and the wellbeing of other forms of life. The design of built environments and communities are health protecting.  In 2040 all people of Aotearoa have been inspired to transform behaviour to respect the natural world and underline the importance of kaitiakitanga. |  |      |   |  |
| Example population-level data (existing data sets) <sup>1</sup> | In design <sup>2</sup> .  Example, A reduction in the LE disparities between Māori and sole European  |   | ln   | design   |   | In design   |                                 | In design  | In design  |      | In design   |  |
| Short to medium term health see                                 | ctor CONTRIBUTION to the longer-term  | m outcomes: ir  | n 2040, we will see Tar  | ngata Whenua in Aotearoa:  |   |   |                                 |  |  |      |   |  |
| Outcomes for whānau by  | Hapūtanga   |   | Pēpi   | Taiohi   |   | Rangatahi   |                                 | Pākeke   | Koroua &   | Kuia | Kaumātua  |  |
| life course   | (>0)  |   | (0-5)  | (6-11)   |   | (12-19)   |                                 | (20-40)  | (41-65   | )    | (65+)   |  |
| Overall   | Māmā (and their whānau) are cared for and are well from preconception to birth. They have pregnancies free from harm and have culturally and clinically safe birthing experiences.  | the best por<br>tailored to<br>needs ar<br>clinically a | neir whānau) receive<br>ssible health service<br>to their immediate<br>and delivered by a<br>and culturally safe<br>workforce  | Every Taiohi knows they with their whānau, and the the centre of decision with their whānau. The experience of health service free from harm delivere cultural and culturally workforce. | hey are<br>making<br>neir<br>vices is         | Rangatahi (and their whānau) feel safe and protected. They experience high-quality services that are easy to access and navigate.   | serv<br>na<br>re<br>that<br>eff | ikeke and their whānau find rvices are easy to access and navigate and give clear and elevant health messages so t individuals and whānau can ffectively manage their own alth, keep well, and live well.  | Koroua & Kuia (and their<br>whānau) are self-managing,<br>living healthy lifestyles and<br>confidently participating in te a<br>Māori and in society |      | Kaumātua (and their whānau)<br>are cared for and are offered a<br>korowai of services, which will<br>wrap around to keep them<br>warm and safe. |  |
| Healthy lifestyles and  | Māori flourish and thrive in environments that enables good health and wellbeing.   |   |  |  |   |   |                                 |  |  |      |   |  |
| environments  | Whānau are supported to live healthy and well lifestyles in ways that are meaningful to whānau.   |   |  |  |   |   |                                 |  |  |      |   |  |
| Access  | Whānau have equitable access to the resources <sup>3</sup> they need to be as healthy as they can be, which includes prevention of ill health as well as access to services and solutions that promote and maintain oranga   wellbeing  |   |  |  |   |   |                                 |  |  |      |   |  |
|   | Māori, as direction setters of health services, have pathways to care that meet their immediate needs as well as their future needs across all stages of life.  |   |  |  |   |   |                                 |  |  |      |   |  |
| Experience  | Whānau have good health, and that the health system works to ensure that the way it delivers services across the continuum of care, from prevention to specialist services for Māori at all ages.  Service providers recognise Māori mana Motuhake. All health and disability services are provided in a culturally safe way that recognises and supports the expression of hauora Māori models of care.  |   |  |  |   |   |                                 |  |  |      |   |  |
| Cultural, clinical safety and<br>Service options and choices    | Whānau experiences services that are free from racism, bias, and discrimination. They have options and choices based on the 'best of' clinical and culturally safe care. Options and choices include te ao Māori and mātauranga Māori informed services as well as Taurite services.  |   |  |  |   |   |                                 |  |  |      |   |  |
| Enablers: workforce   | Whānau are served by a workforce that respects and values the indigeneity of tangata whenua. The composition of the health sector workforce reflects the communities it serves. The Māori health workforce is in positions of leadership and influence to effect sustainable systems and service transformation. New workforce growth is invested in and proactively planned. Allies in the non-Māori workforce are supported to effect change and influence improved Māori outcomes. |   |  |  |   |   |                                 |  |  |      |   |  |

#### 2.1 Background

This ROI relates to Kia Piki Te Ora Māori Suicide Prevention Services.

Previously these services have been provided by existing Kia Piki Te Ora service providers with limited geographical coverage. Going forward we wish to strengthen and enhance services and expand services to achieve national coverage.

Re-imagined Kia Piki Te Ora services will reflect the aspirations of whānau, hapū and iwi living in localities across Aotearoa that are fundamentally underpinned by te ao Māori approaches to Suicide Prevention.

This is a two-stage commissioning approach reflecting Te Aka Whai Ora's commitment to the vision of Pae Ora to commission services that best meet the needs of Māori whānau and localities.

Successful partners (identified through the ROI) will be supported to co-design local and regional Māori Suicide Prevention services in partnership with Te Aka Whai Ora, lived experience leadership and the voices of whānau bereaved by suicide driving our service design process.

On completion of the co-design process, formal proposals will be submitted by Hauora Māori partners with the intention for new services to be in place from 1 July 2023.

Our intention is for face-to-face services to be available and responsive to communities across Aotearoa.

This will not be an easy undertaking and Hauora Māori partners who are interested in this opportunity will need to demonstrate their connectedness to their communities, dedication and commitment to working in partnership, and most importantly reflect the values and vision of our communities for a future without suicide.

#### 2.2 Key outcomes

The Key Outcomes outlined below reflect the key outcomes of the first stage of this two-stage procurement process i.e. these are the outcomes we wish to see in terms of the Hauora Māori partners who will be delivering future Kia Piki Te Ora services.

- #1 Hauora Māori partners have the capacity and capability to deliver enhanced Kia Piki Te Ora services
- #2 Hauora Māori partners are able to demonstrate their commitment to lived experience service design and meet tangata whai ora expectations
- #3 Hauora Māori partners delivering Kia Piki Te Ora services have **robust and trusting relationships** across the Hauora Māori and mainstream oranga hinengaro sector
- #4 Hauora Māori partners delivering Kia Piki Te Ora services have the mana, confidence and respect of whānau, hapū, iwi and local communities to deliver Kia Piki Te Ora services

#### 2.3 Contract term

For successful applicants, this ROI will result in a co-design contract for a term of 3 months (1 April 2023 – 30 June 2023) providing funding for Hauora Māori partners to undertake a co-design process in their local communities to design local and regional models of care for enhanced and expanded Kia Piki Te Ora services.

#### 2.4 Contract Value

We estimate the value of this Contract to be \$30,000 for each identified Hauora Māori partner to design and develop their local model of care. A further \$30,000 will be awarded to one Hauora Māori partner to lead the design and development of a regional model of care for each region. This partner will be chosen from amongst the Hauora Māori rōpū in each region following confirmation of successful Hauora Māori partners through this ROI process.

#### 2.5 Key deliverables

| Description                        | Indicative date for delivery |
|------------------------------------|------------------------------|
| Develop co-design project plan     | 14 April 2023                |
| Submit final service model of care | 23 June 2023                 |

## **SECTION 3: Our Evaluation Approach**

This section sets out the Evaluation Approach that will be used to assess and shortlist Registrations.

Responding to the ROI is simplified. This means your submission can be by pre-recorded verbal or video presentation, in writing on the template supplied or in a format of your choosing in English or te reo Māori – or a mixture of some or all. Small Hauora Māori partners are encouraged to apply and multi-partner registrations are expected across much of Aotearoa.

#### 3.1 Evaluation model

The evaluation model is "Weighted Attribute". Registrations that meet the Requirements are scored according to the evaluation criteria weightings (see table below), and the Successful Respondents will most likely be the one whose Registration scores the highest in each area.

#### **3.2 Pre-conditions** (See Rule 28: Pre-conditions for more information).

Each Registration must meet the following pre-conditions. Te Aka Whai Ora will not consider Registrations which fail to meet these conditions.

These are examples only, insert your own pre-conditions here.

| ŧ | Pre-conditions   | Meets    |
|---|--|----------|
| 1 | <ul> <li>Hauora Māori partners are able to apply for this ROI only. Partners must be an existing Hauora Māori partner OR are a health or disability provider, Māori businesses, Māori non- government organisations, Māori commissioners and Iwi/hapū/Marae entities that are 75% or more owned by Māori and 75% or more governed by Māori.</li> </ul> | [Yes/No] |

#### 3.3 Evaluation criteria

Te Aka Whai Ora – Māori Health Authority evaluates Registrations which meet all pre-conditions according to the following criteria and weightings.

| Criteria   |          |  |
|--|----------|--|
| 1. Organisational Capability   | 20%      |  |
| 2. Lived experience and meeting Tangata Whaiora expectations                 | 30%      |  |
| 3. Relationships   | 30%      |  |
| 4. Experience in delivery of suicide prevention (and/or equivalent) services |          |  |
| Total weighting  | ngs 100% |  |

### 3.4 Scoring

| Rating                  | Definition   | Score |
|-------------------------|--|-------|
| EXCELLENT               | Respondent demonstrates exceptional ability, understanding, experience and skills. Quote identifies factors that will offer potential added value, with supporting evidence. | 9-10  |
| GOOD                    | Respondent demonstrates above average ability, understanding, experience and skills. Quote identifies minor additional benefits, with supporting evidence.                   | 7-8   |
| ACCEPTABLE              | Respondent demonstrates the ability to meet the criteria, with supporting evidence.  | 5-6   |
| RESERVATIONS            | Satisfies a minimum of the criteria but not all. Reservations about the Respondent to adequately meet the criteria. Little supporting evidence.                              | 3-4   |
| SERIOUS<br>RESERVATIONS | Extremely limited or no supporting evidence to meet the criteria.<br>Minimum effort made to meet the criteria.   | 1-2   |
| UNACCEPTABLE            | Does not comply or meet the criteria at all. Insufficient information to demonstrate the criteria.   | 0     |

# SECTION 4: View the ROI Process, Terms and Conditions <a href="https://example.com/here">here</a>

# **SECTION 5: Glossary**

| Terms   | Definition / explanation   | Also known as:   |
|---|--|--|
| Attempted suicide   | a range of actions where people make attempts at suicide or take their life that are non-fatal.  | Non-fatal attempts   |
| Co-design   | Designing services alongside other Kaupapa partners, iwi, hapū, whānau, hapori Māori and community groups  | Service design   |
| Commissioning   | Commissioning Te Ao Māori solutions and services specifically developed with and for Māori.  |  |
| Deliberate self-<br>harm  | a range of behaviours that may or may not result in serious injury but are not intentionally fatal.  | <ul><li>Self-harm</li><li>Kirihaehae</li><li>Haehae</li></ul>  |
| Every Life Matters – He Tapu te Oranga o ia tangata: Suicide Prevention Strategy 2019– 2029 and Suicide Prevention Action Plan 2019–2024 for Aotearoa New | Every Life Matters – He Tapu te Oranga o ia tangata (health.govt.nz) provides an opportunity to reorganise and focus efforts to reduce suicide in Aotearoa New Zealand. It outlines a clear vision   | Every Life Matters   |
| Zealand Hauora Māori partners Kaupapa partners Kia Piki te Ora  | Partners who provide services for Māori by Māori  A partner relationship with Te Aka Whai Ora under an agreed Kaupapa.  Kia Piki te Ora is a group of Kaupapa partners whose primary focus is suicide prevention services by Māori for Māori. These organisations use indigenous approaches based on cultural best practice and whānau ora and whānau wellbeing. | Iwi and kaupapa Māori providers Supplier, contractor, provider or agency Kia Piki te Ora means to strengthen wellbeing |
| Mātauranga<br>Māori   | Time-honoured Māori knowledge: the knowledge, comprehension or understanding   |  |

| Pae Ora<br>(healthy<br>futures) Act<br>2022 | of everything visible and invisible existing in the universe (based on te ao Māori, ngā atua, ngā tīpuna) through cultural expressions, for example kōrero or pūrākau (stories), te reo (language), whaikōrero (formal oratory), waiata mōteatea (traditional songs), karakia (spiritual dedications) and whakapapa (genealogy)  The Act took effect on 1 July 2022, establishing three new entities: The Act establishes lwi-Māori Partnership Boards to represent local Māori perspectives on the needs and aspirations of Māori with respect to planning and decision-making for health services at the local level. |   |
|---|---|---|
| Primary care                                | the care system that forms the first point of contact for those in the community seeking assistance. It includes community-based care from generalist services such as general practitioners, Māori health services, school counsellors and community-based health and welfare services.  | Primary mental<br>health  |
| Registration of<br>Interest (ROI)           | A formal request from Te Aka Whai Ora asking potential Kaupapa partners to register their interest in an opportunity to supply specific goods, services or works and provide information that supports their capability and capacity to deliver the goods, services or works.   | <ul><li>Expression of Interest.</li><li>Tono</li></ul>  |
| Request for<br>Proposals (RFP)              | A formal request from Te Aka Whai Ora asking kaupapa partners to propose how their services can achieve a specific outcome combined with their budget.  An agency may be open to innovative ways of achieving the outcome.  | Tono  |
| Suicidal<br>behaviour/s:                    | encompasses suicide, attempted suicide, deliberate self-harm and suicidal ideation  |   |
| Suicide                                     | (thoughts).  the act of intentionally killing oneself as determined by coronial ruling  | Commonly referred to as whakamomori  Other Māori terms used: mate whakamomori, mate taurekareka, mate kōhuru, pōnāna, pāhemo, mate weriweri |

| Suicide<br>postvention | A wide range of activities undertaken directly after a suicide in a community due to the potentially harmful effect a suicide may have on |                     |
|------------------------|---|---------------------|
|                        | others.   |                     |
| Suicide                | A wide range of activities focusing on increasing   |                     |
| prevention             | protective factors and reducing risk factors and  |                     |
|                        | associated with suicidal behaviour.   |                     |
| Tangata Whai           | People with lived experience of mental distress   | Tāngata Whaiora,    |
| Ora                    |   | Tangata Whaiora,    |
|                        | Browse te Reo Māori » English   Te Reo Hāpai  | Tāngata Whai Ora    |
|                        | (tereohapai.nz)   | depending on the    |
|                        |   | dialect or area you |
|                        |   | belong.             |
| Te Ao Māori            | The Māori world   | Māori worldview     |
| Te Pae Tata            | Te Pae Tata sets out the first two years of health  | Te Pae Tata         |
| <u>Interim New</u>     | system transformation to improve the health &   |                     |
| Zealand Health         | wellbeing of all New Zealanders.  |                     |
| <u>Plan 2022 – Te</u>  |   |                     |
| <u>Whatu Ora -</u>     |   |                     |
| <u>Health New</u>      |   |                     |
| <u>Zealand</u>         |   |                     |
| Tertiary Care          | Tertiary care refers to highly specialized  |                     |
|                        | services and care. For example, Mental health   |                     |
|                        | in-patient services.  |                     |
| Whānau                 | those close to a person who has died by suicide,  | Whānau Pani,        |
| bereaved by            | needing specific support and who can be at  | kirimate            |
| suicide                | greater risk of complicated grief or suicide  |                     |
|                        | themselves.   |                     |